



MKANA CAFE

ALL DAY BREAKFAST

SEASONAL FRUIT SALAD

Local diced fresh fruit

1500

HOMEMADE MUESLI

Roasted honey coated oats,
Groundnuts and fruit
with milk OR yoghurt

2600/3000

TOAST AND SPREADS

Homemade peanut butter from our
womens' groups, jam and butter on
thick cut toast (Extra spreads +300)

1800

EGGS ON TOAST

Made just the way you want it
Add avocado +300mk

1800

EGGS ON HASH BROWNS

Homemade & hearty!

3500

BREAKFAST WRAP

Choose from scrambled egg, beans,
fried tomato & onion OR Scrambled
egg, sausage & onion

3500

SHAKSHUKA

Eggs poached in a rich tomato and
paprika sauce, served on toast

3300

OMELETTE WITH VEGGIES

Served on thick toast with butter
Add bacon +1000

3500





ALL DAY BREAKFAST

SAUSAGE TOASTIE

Topped with fried onions

3000

BEANS ON TOAST

Homemade baked beans in a rich tomato sauce on thick cut toast

3200

FULL ENGLISH BREAKFAST

Sausage, eggs, bacon, tomato, fried onion, baked beans and thick toast

5500

VEGGIE BREAKFAST

Fried eggs, tomato, onion, hash brown, baked beans, baked banana and toast

5000

FLUFFY PANCAKES

Topped with local raw honey & banana

2800

FRENCH PANCAKES

With honey & lemon

Add banana +200

2600

BALAMPUNGA

Traditional creamy rice porridge made with banana (Add honey +400)

1600

FUTALI

Traditional slow cooked sweet potatoes & groundnuts (pre order)

1500





EXTRA BREAKFAST ITEMS

(ONLY AS ADDITIONS TO YOUR PLATE)

EGG/AVOCADO/TOAST

300

FRIED TOMATO & ONION

600

HOMEMADE BAKED BEANS

800

SAUSAGE/BACON/HASH BROWN

1000

HOT DRINKS & JUICES

LOCAL CHIPUNGA COFFEE

900/1500

CHOMBE TEA

700/1000

SPECIALITY TEAS:

Ginger, Lemon & honey

Rooibos

Organic mint from the garden

1000

SEASONAL FRUIT JUICES

See Our Specials Board for Juice of the Day

From 1500

MILKSHAKES

Banana or Chocolate

1500

SEASONAL SMOOTHIES

From 1800





LUNCH & DINNER

HARRISSA SPICED WHOLE BUTTERFISH

Served with chips, and a mixture of pan fried spiced veggies

5500

BEEF BURGER

Minced meat patty on a toasted bun with pickled onions, salad and sweet mustard sauce & fries
Add cheese +800

5000

VEGGIE BURGER(V)

Spiced chickpea & green pepper patty, pickled onions, salad & sweet mustard sauce on a toasted bun with fries
Add cheese +800

4500

SPAGHETTI NAPOLITANA(V)

A rich sauce of tomato, garlic, home grown basil, balsamic vinegar, olive oil and cracked black pepper

3000

SPICED QUESADILLA(V)

Filled with refried beans, spiced veggies and cheese, served with a tangy dip and pico de gallo

4000

CHICKEN SHAWARMA

Pan fried with middle eastern spices, packed into a homemade flat bread with chips and tangy garlic sauce

5000

HOMEMADE FALAFEL(V)

Pan fried with middle eastern spices, packed into a homemade flat bread with chips and tangy garlic sauce

4500

TROPICAL GARDEN SALAD(V)

Fresh leaves, tomatoes, onions, pineapple served with a sweet vinaigrette dressing and topped with feta & fried crispy onions!
Add chicken OR bacon +1500

4000





LUNCH & DINNER

SWEET CHILLI CHICKEN WRAP

Pan-fried chicken, cucumber and slaw tossed in sweet chilli sauce in a home made wrap, with a crunchy side salad

4500

CHICKEN MAYO SANDWICH

Lightly toasted with onion, garlic, paprika served with a fresh salad garnish

4500

Add chips to any of the above

+700

FRAGRANT THAI SALAD(V)

With roasted ground nuts, green papaya or green mango (seasonal), crunchy veggies, chilli, lemon and honey dressing

-Add chicken +1500

3500

CHEESE AND TOMATO TOASTIE(V)

With fruit chutney, mayo, black pepper & a crunchy dressed side salad

3800

WEST AFRICAN STEW (V)

Stir fried veggies stewed in a rich peanut sauce, served with rice and salad garnish. Swap your veggies for chicken for +500

4000

AUBERGINE & CHICKPEA CURRY(V)

Infused with a mix of north african and indian spices, served with rice and salad

4000





MALAWIAN DISHES

1/4 MARINATED CHICKEN PIECE

Cooked in a tomato and herb sauce and veggies served with rice or nsima (or chips for +500)

4000

1/4 CHICKEN PIECE

Grilled, served with rice or nsima (or chips for +500)

3800

SLOW COOKED BEEF STEW

In a rich tomato sauce served with rice or nsima

4000

BUTTERFISH

Grilled fish with rice or nsima (or chips for +500)

5000

STEWED BEANS(V)

Cooked in a rich sauce cooked with a garlic, tomato and ginger, served with veggies and rice or nsima (or chips for +500)

3000

FRIED EGGS OR OMELETTE(V)

Served with rice and side salad (or chips for +500)

2000

SIDES

Chips small/large

1200/2000

Extra cheese/dressed side salad

1000

Hosting a Party or Event?
Get in touch and we can help you prepare a menu!